

WHAT TO BRING TO JAMAICA



1 suit case- dimension: 62 in. /50 lbs., 1 carry on- 22 x 14 x 9 in., plus 1 personal item- purse/briefcase/laptop bag

- Bible, notebook & pen (or smartphone)
 - Passport** (& extra copy)
 - Personal toiletries, wet ones
 - Towel or 2 & washcloth
 - Casual clothes 7 days plus sweat changes
 - Dress clothes for 2 services
 - Mosquito repellent (pump spray)
 - \$90 to snorkel & some meals
 - \$ for snacks & any souvenirs (they take US bills)
 - Small pillow, bed sheet & top sheet for a twin bed & small fans at base. (Nothing for those who have been told you're at the Chateau, bedding & fans provided there.)**
 - Water shoes (or shoes to tube in water & hike in)
 - Swim suit (see notes at bottom about modesty)
 - Medicine (headache, stomach, motion sickness, insect bite cream, Aloe Vera)
 - A heart to be used by God & to serve others with a grateful heart.
- Sunglasses & hat if needed
 - Sun screen (& necklace fans)
 - Earplugs (*others may snore*)
 - Snacks (granola bars) & bottled water
 - School supplies w/ back pack
 - Peanut Butter & poss. coffee
 - Small fan**
while sleeping



Please, put a ribbon on all bags and your name on all belongings.

MODEST IS HOTTEST - Lust Control Policy

We've combined Encounter and YWAM's dress guidelines below so please follow them.

* **Girls-** Dresses, skirts or nice Capris pants for church services & ministry occasions. No jeans at church services. Modest shorts (past finger tips), jeans, t-shirts are ok for non-ministry times. No mini-skirts, halter tops, open back, spaghetti strap, cleavage showing shirts, this includes no tight or belly shirts, please. No leggings unless butt is covered with shirt. Swimsuits should be modest 1 piece (2 pieces only w/ a dark shirt cover up. At ocean also need modest shorts.)

Our mission trip is not the place to get or show off your tan.

* **Guys-** Dress pants and nice collared shirt for church services. Modest shorts, jeans, t-shirts are ok for non-ministry times.

Swimsuits- should not wear any Speedos or side split boxers. Wear shirts at all times unless in the water. No "wife beater" shirts, or muscle shirts or shagging pants with underwear showing please.

* Thanks for not causing each other to stumble. *

Let's keep our eyes on the Creator not the creation!

Spiritual Preparation- Seek God to be totally surrendered to His will!
Pray & consider some form of fasting beforehand & as you read Isaiah 58.