## What to bring for camp (pack light... 1 suit case, 1 carry on, bedding) **Lust Control Policy** Bible Even the public schools have pretty much the same guidelines ... ■ Notebook & pen GUYS- should wear shirts, no "wife beaters", no underwear showing Swim time time -No Speedos. :-0 Personal toiletries GIRLS- No open back, spaghetti strap shirts. No short shorts & please, no tank tops, tight or belly shirts. □ Towels Swimsuits should be a modest one piece. (2 pieces can only be worn if there's also a dark shirt cover up.) ☐ Casual clothes enough for 5 days Thanks for not causing each other to stumble. Let's keep our eyes □ Pillow on the Creator not the creation! ☐ Bedding for a twin bed or sleeping bag □ \$ for 2 travel meals (maybe like \$14 for fast food meals) ☐ May want jeans at night = auditorium gets cold (light jacket if you're cold natured). ☐ Swim suit (modest, bring dark shirt cover up if needed/ see notes at bottom) Sunglasses □ Sun screen ☐ Earplugs (others may snore) ☐ Snacks if ya want. \*\* small fridge in all rooms \*\* **NO** electronics. Cell phones can be used only at specific times. sand v-ball We don't want you getting distracted with video games or "zoned out" with your own tunes. ☐ Any needed medicine (refer to "Medical Needs" paper on prescriptions) ☐ Optional - avg. spending money: \$50-\$75. (For snacks, t-shirt sales, CD's) ☐ A heart to used by God & serve your brothers and sisters with a grateful heart. ☐ Openness for God to change your life & your lifestyle ☺ ☐ (Drama peeps - any designated drama clothes or supplies.)

## Please, put your name on all belongings.

<u>Spiritual Preparation</u> ... Seek God to prepare your heart. Surrender all to Him! Fast & Pray a meal a day the week before camp and read Isaiah 58.

## **MODEST IS HOTTEST**:

- o Please follow our guidelines for modesty.
- o <u>Girl's</u> swimsuits should be a modest one piece. (Two pieces can only be worn if there's also a <u>dark shirt</u> cover up.) No open back or spaghetti strap shirts. This includes no tight or belly shirts, please. *Camp is not the place to get or show off your tan.* ⊚
- o <u>Guys</u> should not wear Speedos or side split boxers. Wear shirts at all times unless in the water. No "wife beater" shirts or underwear showing, please.

\* Thanks for not causing each other to stumble. \*

Let's keep our eyes on the Creator not the creation!